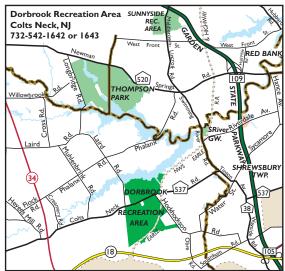
#### **Park Hours**

Dorbrook Recreation Area is open every day of the year from 7a.m. to dusk.

## **Avoiding Tick Bites**

Ticks that may cause illness can be active year-round, take precautions: use insect repellent; wear light-colored clothes, long sleeve shirt tucked into pants/pants tucked into socks; check yourself for ticks during and after park visits; shower soon after being outdoors. To minimize contact keep to formal trails, walk in the center; stay away from tall grasses, brushy/shrubby areas, leaf litter, tree branches and woodland edges next to lawns, athletic fields and along trails. Protect your pets. Read more at www.cdc.gov/ticks.



### **For More Information**

For more information on Monmouth County's 43 parks and golf courses, please call 732-842-4000, ext. 4312 Mon.-Fri. 8a.m.-4:30p.m. or visit online.

From Parkway Exit 109: Southbound, turn right onto Rt. 520 (Newman Springs Rd.). Northbound, turn left onto Rt. 520. Travel 1.5 miles, turn left onto Swimming River Rd., then right onto Rt. 537 West, follow to Dorbrook main entrance on right.

From Hwy 34: Southbound, turn left onto Rt. 537 East, Northbound, turn right onto Rt. 537 East, follow to Dorbrook main entrance on left.

From Hwy 18, Exit 19: Take Rt. 34 North. Turn right onto Rt. 537 East, follow to Dorbrook main entrance on left.

Monmouth County Board of Chosen Freeholders Board of Recreation Commissioners



## **Monmouth County Park System**

# Dorbrook Recreation Area

AI Cd Colts Neck, NJ



www. Monmouth County Parks. com

## Welcome to Dorbrook Recreation Area

Developed with active recreation in mind, a wide variety of programs, classes, camps and activities are available at this 535-acre site. Attractions include athletic courts and fields, an accessible paved trail, and NJ's first "barrier-free" playground.

Characterized by rolling, open fields and a rural atmosphere, Dorbrook fronts the Swimming River Reservoir and helps to preserve a clean, local water source. Acquired in 1985 from the estate of Murray Rosenberg, creator of Miles Shoe stores, Dorbrook expanded in the 1990s with acquisition of surrounding farmland from the Nathan Family.



## Activity Center, Program Building and Visitor Center

732-460-1167 Activity Center 732-542-1642 Program Building & VC

The homes of former owners provide space for many of the indoor activities held at Dorbrook such as fitness, parent/child classes and craft programs. There's even a specially designed instructional kitchen for cooking classes.

## **Athletic Fields** 732-542-1642

Athletic fields are available by reservation for soccer, field hockey, flag football, women's lacrosse and softball. Official games only (no practices). Please call for more information and fees



## **Athletic Courts: Tennis & Basketball** 732-542-1642

Athletic courts are available on a first-come, first-served basis when not reserved for park programs. Play singles or doubles on the tennis courts or round up some friends and practice your skills on the basketball courts.

## **Group Picnic Shelters**

732-842-4000, ext. 1

Dorbrook has 2 reservable Group Picnic Shelters for large groups, up to 50 people. Portable grills available.

### In-line Skating Rink 732-542-1642

This rink is available for rental and league use. It is also open for walk-on play when not reserved or in use. Participants are required to wear the proper safety gear.

### **Protect Your Parks**

The Park System preserves and manages natural and cultural resources on more than 17,000 acres of land in Monmouth County. Protecting water quality, eliminating invasive plant species, and promoting healthy wildlife habitats are just a few objectives. Please help protect the park by leaving flowers, plants, animals, and other features as you found them; adhering to posted park rules; using designated containers for trash, recyclables and pet waste. Alcoholic beverages are not permitted. Pets must be on a leash at all times.

## **Playground & Sprayground**

Challenger Place is a universally accessible playground for children of all abilities. It has elevated surfaces and wider entry/play areas for wheelchair access.

The Sprayground, a water playground, is a great place for children and adults to cool off and splash around, free of charge, from May to September. It is open 7 days a week (weather-permitting). Children under 12 must be accompanied by an adult.



Large group gatherings/outings are not permitted without a reservation.

## Programs for Everyone 732-842-4000, ext. 1

The Parks & Programs Guide (published seasonally) lists the more than 6,000 programs, camps, special events and races offered in the parks each year. View it online, pick up a copy in the park, or call to have a free copy mailed to your home. Programs and assistance available for individuals with disabilities, call 732-460-1167.



#### **MULTI-USE TRAIL**

Dorbrook has a beautiful 2.5 mile accessible paved trail for walkers, runners, strollers, bicyclists and in-line skaters and a 0.9 mile unpaved path on the north side of the park. Areas for equestrian use are available on the south side of the park.

## **Trail Accessibility Standards (TAS)**

Trail grade meets the following NJ Barrier Free provisions of the Uniform Construction Code.

(front to back) is just over 6% (1:16) with level rest areas every 200 ft. where slope is greater than 5% (1:20). Max. cross slope (side to side) is just over 3% (1:30).

## **Trail Key**

- West Loop: This EASY 1.1 mile (1.7 km)
- paved loop trail travels through the woods along the reservoir. Note: About 0.1 mile (0.14 km) exceeds TAS for cross slope.
- **East Loop:** This EASY 1.3 mile (2.1 km)
- **&1** paved loop trail travels around farmed fields to the athletic facilities.
- Mini Loop: This EASY 0.4 mile (0.6 km)
- acilities.
- Egret Path: This 0.9 mile (1.4 km) natural surface trail overlooks the reservoir and shoreline.

Bicyclists, in-line skaters and skateboarders under age 17 are required to wear a helmet.

### **Trail Standards**

- Easy: short maintained or paved trails intended for casual walking; may have some grade changes/obstructions (eg. tree roots)
- Moderate: longer trail or trails with grades/ obstructions. Intended for hiking (may be suitable for some walkers and runners)
- ♦ Challenging: long, more primitive trails with steep grades/obstructions for hardy, experienced hikers (none at this park)

