

## THE LUCKY 4-H'ERS GAZETTE



Protected Under  
18 U.S.C. 707

Volume 8 Issue 6

November –December 2007

### IN THANKSGIVING FOR 4-H

In this Thanksgiving season, in all parts of Monmouth County, you will hear the words of thanksgiving expressed by the many individuals touched by the spirit of 4-H.

Inside this issue:	
Letter from Ellen Williams, 4-H Agent	1
Welcome New Leaders, Members, Clubs	2-3
Heard Around The Clover	4—11
Youth Corner	12-14
Five-A-Day	15
Thank You	16
Congratulations	16-20
Resources	21
In The News	22-29
Announcements	30
Upcoming Events	31-37
4-H Camp News	38
4-H Calendar of Events	39

Somewhere, a parent is thanking a 4-H leader for building the confidence in his or her child. Somewhere, a 4-H'er is thanking a 4-H volunteer for inspiring him or her to "Make the Best Better". From a community partner comes thanks to a 4-H staff member for strengthening services to Monmouth County youth through collaboration. From a 4-H'er comes letters of thanks to the Monmouth County 4-H Association and Monmouth County 4-H Alumni Association for providing financial support to attend 4-H state and national events. Somewhere, at a club program, a 4-H leader is thanking parents for their support of the club members' goals.

Monmouth County 4-H clubs receive grateful thanks from the many individuals and agencies they assist through their clubs' community service projects. These community service projects include, for example, collecting pop tabs for Ronald Mac Donald House, American Cancer Society relay, food pantry collections, pet therapy at nursing homes, and more. 4-H'ers can draw great satisfaction from the knowledge that their citizenship is helping to improve the quality of life of Monmouth County youth and families.

As 4-H Agent, I have a deep sense of thanksgiving for the high ideals of our 4-H'ers and the expertise and commitment of our 4-H volunteers. I am very thankful for the generous spirit of our 4-H families. To dedicated and talented Extension staff, my ongoing thanks. And for the spirit of collaboration among our county community partners, I am grateful and consistently inspired. I wish all of you and your loved ones a blessed and joy filled Thanksgiving Season.

**DEADLINE FOR NEXT NEWSLETTER – December 14, 2007**

**PUBLICATION January—February 2008**

**NEW LEADERS:** **Martha Wallenstein** new co-leader for Monmouth Clogging; **Emily Schaaf** new co-leader for Monmouth Clogging.

### 4-H HEALTH AND SERVICE

Allison H. Belfer  
 Noelle A. Carter  
 Lauren M. Christie  
 Tracy E. Conlon  
 Emily M. Coyle  
 George V. Distfano  
 Devin P. Fay  
 Olivia-Anne M. Felibrico  
 Arpan Garg  
 Varthika V. George  
 Sara M. Glynn  
 Andrea N. Kwok  
 Donald J. Langan  
 Charlotte M. Lee  
 Savannah d. Lischick  
 Logan D. MacLean  
 Devon L. McDonnell  
 Andrea R. Minken  
 Sarah E. Mahanirananda  
 Nicole G. Nahmod  
 Komal K. Parhar  
 Radhika B. Parikh  
 Ashmi A. Patel  
 Lindsay G. Peterson  
 Morgan T. Shafer

Meghana Sharma  
 Devin C. Sullivan  
 Carlyn R. Wefer  
 Neal F. Yaffe

### 14 CARROT RABBIT

Katie Barry  
 Hannah E. Fread  
 Kenneth S. Yaeger

### 100% STEPPERS

Lmirrah B. Brown  
 Tydajia Carter  
 Janelle D. Clark  
 Yaneice M. Dean  
 Taylor N. Donaldson  
 Tyana Gray  
 Makayla J. Lawrence  
 Raigene A. Miller  
 Teana S. Royster  
 Danielle K. Sanders

### FRIENDS CULTURAL CLUB

Haden J. Cascone  
 Ty Cascone

### ANIMAL SCIENCE

Sarah R. Bush  
 Amanda Fasciano  
 Meagan M. McGurl  
 Daniel Moore  
 Juliette A. Muth

### BACKSTAGE TO BROADWAY

Caroline R. Adams  
 Brandon T. Kane  
 Briana N. Pheifer

### BITS AND BRIDLES

Janelle C. Whitfield

### CURRY COMBS

Kaury R. Bono  
 Juan w. Domena  
 Amanda Fasciano  
 Gina M. Giunta  
 Jodi M. Nelson  
 Taylor N. Toris

*Ellen Williams*

Ellen Williams  
 4-H Agent

Virginia Krzyzanowski  
 4-H Program Associate

Kelly Valenti  
 4-H Program Assistant

Debbie Hemmann  
 NJ-FSNEP 4-H Program Associate

Chevonne Porter  
 NJ-FSNEP 4-H Community Assistant

Leslie Nicholson  
 NJ-FSNEP 4-H Secretary

Rita Silvestri and Gladys Tarantino  
 4-H Secretaries



Protected Under  
18 U.S.C. 707

#### 4-H Mission Statement

The Rutgers Cooperative Extension 4-H Youth Development program uses a learn by doing approach to enable youth to develop the knowledge, attitudes and skills they need to become competent, caring and contributing citizens of the world. The mission is accomplished by using the knowledge and resources of the land grant University system, along with the involvement of caring adults.

**JERSEY SHORE PET  
BIRD CLUB**

Caitlyn R. Jones  
Linette E. Reeman

**LIVE AND LEARN**

Louie J. Adam  
Karl I. DeVoe III  
Lilianna Genatt  
Anna J. Gugliotta  
A.J. Gugliotta  
Brennan D. Kentner  
Kyle E. Kentner  
Jocelynn A. Mandeville  
Patricia McLoughlin  
Jayden M. Milne  
Jillian T. Milne  
Annie Pekata  
Daniel Pekata  
Jonah Resnick  
Noah Resnick  
Carla Rios

**M14**

Sarah R. Bush  
Colleen R. Kelly

**MATAWAN/ABERDEEN**  
Meagan E. McGlyn

**PAWS 4 A CAUSE**

Charles E. Landry  
Miranda L. Landry  
Darren K. Maine  
Tanner J. Maine  
Jamie A. Wallenstein

**RAGING REPTILES**

John David  
Michael B. Moiseyev

**SCI-BORG BUILDERS**

Louie J. Adam  
Cooper J. Bane  
Tyler D. Bane  
Wesley A. Bane  
Brennan D. Kentner  
Kyle E. Kentner  
Justin M. Magnetti  
Joshua A. Martin  
Jayden M. Milne  
Jillian T. Milne  
Jonah Resnick

Noah Resnick  
Carla Rios  
Ian A. Rios

**S.W.A.P.**

Amanda L. Jennings  
Jonathan T. Leftwich  
Joseph A. Leftwich  
Juliette M. Muth  
Kayla A. Toris  
Taylor N. Toris

**THUNDERHOOFS**

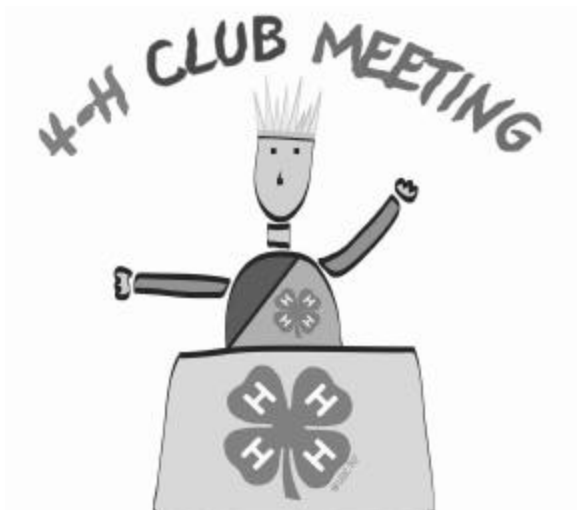
Adam H. Bangash  
John M. Barlow

**THE POWER OF MUSIC**

Jenna Leigh Grimes

**WAGGING WONDERS**

Emily Marcouiller  
Caitlyn R. Volker



# Heard Around The 4-H Clover

## “New Plans for a New Year”

### BIT’S-N-BRIDLES

**By: Monica Marrone**

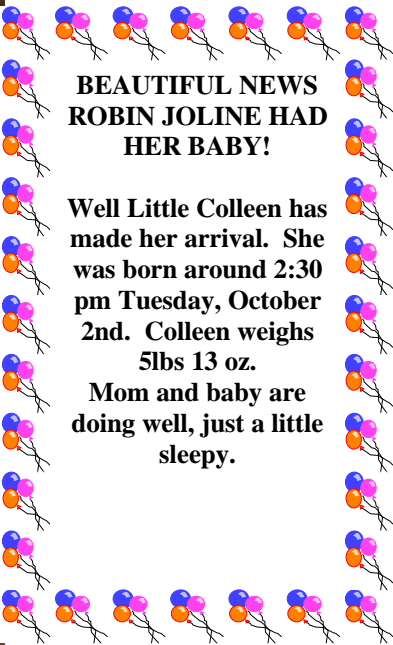
BUSY! BUSY! BUSY! Bit’s-N-Bridles horse club will be very busy now that the new 4-H year has started. Our club all agreed on choosing a mascot. We elected Tommy, the Dorr’s Clydesdale to represent us. He was seen at the fair raising money for the Gentle Giants Horse Rescue. Thank you for all the donations. Tommy is going to make sure other horses like him can find good homes. Last meeting, we elected our officers for the new year. President: Randi Dorr, Vice President: Jess Woolley, Treasurer: Emily Grarey, and Secretary: Jannelle Whitfeild. For our younger members, they can buddy up with an officer; this will teach them about that officer’s job. We are always welcoming new members to join the fun! Also, this year we are hoping to attend the Horse Expo in P.A. The Expo would be our biggest trip yet, and everyone is excited and hoping to go. You will definitely see Bit’s-N-Bridles around, busy with new plans for the year!

### TEEN COUNCIL

**By: Tyler James Cole, Recorder**

On August 28th, we had our officers start up meeting which began at 7:30pm and ended at 9:00pm. At that meeting we decided to collect school supplies for Keansburg High School. Our first club meeting was held on September 19th. We collected the school supplies from our members and also at Members Recognition Night other 4-H clubs donated supplies. Our second meeting was held on October 17th. We are responsible for the banquet at SJTC. We voted on a design on our 4-H sweatshirts. Our second community service project for the year is to donate to YCS. We voted to have our annual Christmas party at Good Fellows in Freehold Boro. Jessica Torriero did her presentation on Europe since she went there on vacation this summer.




  
**BEAUTIFUL NEWS**  
**ROBIN JOLINE HAD**  
**HER BABY!**  
  
**Well Little Colleen has**  
**made her arrival. She**  
**was born around 2:30**  
**pm Tuesday, October**  
**2nd. Colleen weighs**  
**5lbs 13 oz.**  
**Mom and baby are**  
**doing well, just a little**  
**sleepy.**



Jessica Torriero doing her presentation

## Heard Around The 4-H Clover (cont.)

### 14 CARROT RABBIT CLUB

By: Katherine Sotovelez

Things are just flying by us again, it's absolutely crazy. We keep moving forward, and though this is basically a brand new beginning, you can't help but realize that there are so many things in our past now. I want to focus on the reminders of all the good times we've had.

Just recently we had Member Recognition Night. Most of you were probably recognized there and received certificates and pins and awards for the previous year's tasks. So many people were there, and it was great to look back on everything. Newer members had received their first pin, new officers were recognized, and older members took part in the focus of highlights of the 4-H years that they had shared with their friends. One thing that really meant something to all of us though, was the fact that our leaders, along with a few of our members got out there and spoke about everything that we had done. The President of our club, 14 Carrot Rabbit Club even stood to speak for her friends. Amelia went over every laugh and every achievement with a smile on her face, and it made the rest of the members realize just how much we really had done over the year.

Even looking at our members we notice a great change. I personally have only been in the club for only 2 years, and still I feel like I've known some people my entire life. Some of our preps moved up, and now we're moving into different schools. It's starting to give everyone the true feeling that we're never slowing down. We keep looking forward to more good times.



Also, we had yet another meeting packed with fun! We celebrated Halloween and played a bunch of fun games. Our officers split up into groups and helped out the younger members bowl with pumpkins, or make ghost lollipops; some of them even got wrapped up like mummies somewhere in between! Everybody had fun that night and we all got settled into the oncoming chill of cooler months. We came happy, and left just the same.



Our club is also looking into yet another trip back to Popcorn Park Zoo to go visit Holly, our Sicilian donkey which we had adopted last year. Her sister was also used as a 4-H project years ago, so it was a lot of fun to get together last year and go see her. We're hoping that this year is going to be just as great.

There's so much more to tell but still so much more to come! Have a great 4-H year, and thanks again for reading the newsletter, it means a lot to all the reporters! Plus, don't forget there's always room for your submissions here, too, so have fun and get creative, bye!



## NATURE'S NAVIGATORS

**By: Lorraine Yoncak, Leader**

We are a 4-H club that develops and expands members' interests in science. We accent wildlife preservation, nature crafts, environmental studies, outdoor recreation and camping. Our club tries to learn things about our natural world and be good citizens in it by doing community service.

The club usually meets on the second Friday of the month at the 4-H office located in the Agriculture Building off Kozloski Road in Freehold Township. If you are interested in joining the club, please contact the leader Lorraine Yoncak at 732-462-9703.

Activities that we have upcoming are a walk through the Jackson Forrest Preserve, a meeting about Marine Biology, a visit to the Pop Corn Park Zoo and a craft on bird feeders and shelters.

Annually we have a June camping weekend held at Nomoco Activity Center in Turkey Swamp Park. The club members enjoy a weekend of boating, hiking, outdoor cooking, archery, star gazing and many other fun activities. For some it's the only camping of the year, for others it's one they do with many of their friends.

We do a community service project to clean an outdoor recreation area within the county. We also participate in many county wide 4-H activities and those run by the County Park System such as the Environmental Day at the Manasquan Reservoir and Outdoor Expo at Turkey Swamp Park.

If you like outdoor activities and fun science, give us a try; you are welcome to visit us at our next meeting

## NEW BUILDERS CLUB STARTED—SEEKING DONATIONS

**By: Gladys Rios, Leader**

Is your child good with his or her hands, always taking things apart and putting them back together again? If so, we have the club for your child. The purpose of the new Builders Club is to promote science, engineering and technology (SET) through fun interactive exploration. Membership is open to girls and boys ages 6 to 13 years old.

The club meets on the second and fourth Thursday of each month from 1:00 to 3:00 pm at the Ag Building. Club projects will include building Legos, K'NEXs, Erectors, wooden kits and bubble wrap. We will conduct community service projects and participate in many activities including presentations, trips, camps and open houses.

The group will Imagine, Build, Play and Learn through hands-on programs. Youth will build and explore a variety of models as they investigate science concepts related to motion. The club will be provided with manipulatives, ideas, and lesson plans that promote SET. The concepts addressed will develop the foundation for understanding essential physical science concepts including rotational, linear and pendulum motion. The activities will be structured so youth will gain life skills and truly be "building" confidence.

The club is seeking donations of all types of materials to help the children build larger scale and sophisticated models. If you have Legos, K'NEXs or Erector Sets that your children no longer use, don't let them take up space around your house. A donation box has been placed in the hallway outside of the 4-H Office. For more information about the club, contact Rita at the 4-H Office, 732-431-7263.



# Heard Around The 4-H Clover (cont.)

## M14

By: Susan McLoughlin, Leader

M-14 met in September to begin our new year. We had a fun-filled evening with many new faces. Katie McLoughlin taught us all about the many different breeds of rabbits. Then we broke into groups with those we hadn't met before, and matched the photo of the animal with the name of the animal. We concluded our meeting by celebrating Tyler Bane's birthday.

We also elected our new officers for this year. Tyler Bane is President. Wesley Bane is our new Vice President. Cooper Bane is our Treasurer. Patricia McLoughlin is our Secretary.

At our meeting in October, we will be learning more about guinea pigs. Members are encouraged to dress-up their animals and bring them to our October meeting.



# Heard Around The 4-H Clover (cont.)

## KNIGHT RIDERS

By: Julie Couch, President

Following the Monmouth County Fair, Knight Riders fit in some more educational and fun activities before the first meeting of the 2007-08 year. First, we took a trip to Congress Hill horse farm, located in Freehold. One of our leaders, Jackie Knapp, introduced us to many reputable standardbred horse trainers and their amazing horses. We were educated about the tack used for racing and regular workouts. After watching a short demonstration by three horses, a friend of Jackie's, named Vanessa, demonstrated swimming a horse. We saw two different horses swim for different lengths of time. Following the trip to Congress Hill, the entire club and some other 4-H friends met at Erin Mauser's house for a BBQ. Everyone had a great time hanging out and swimming. Before school started, our club was able to fit in a small community service project. Several of our elder members helped set up the magnificent floral arrangements throughout East Freehold Park, for the Monmouth horse show. Though it was quite a cold and rainy day, we ended up having a wonderful time. We had our first meeting for the 2007-08 year on September 14th at the 4-H office.



The Knight Riders 4-H club members were shown the tack used for racing and regular workouts.



Knight Rider 4-H club members at Congress Hill horse farm tour.

Our most recent activity was attending a Charity Polo match at Bucks Mills Park. The polo match raised money for the Make a Wish Foundation. The afternoon began with a somewhat sophisticated brunch, provided by our club, followed by an exciting game of polo. We all had a great time and even helped stomp the divots.



Knight Riders enjoy the Charity Polo match at Bucks Mills Park.



Knight Riders stomp the divots.

We are ALWAYS looking for new members in the club, so feel free to come to our meetings and see if you would like to join. We meet at the 4-H office every second Friday of the month at 7:00. Call the 4-H office at 732-431-7263 for more information.

## LIVE AND LEARN

**By: Mary Bane, Leader**

The Live and Learn Club had enjoyed starting the year welcoming many new members. Our art projects in September and October include color, abstract art, and studying the works by artist Wassily Kandinsky. His painting of colorful and complementary circles was admired by the club members and they have made their own art using a variety of colors and shapes. Beautiful adaptations of the color wheel were created. Abstract art projects were inspired by listening to classical music and interpreting the music into their art. We have written and recited poems about color and created some fun and interesting “instant poetry” and look forward to a year full of creative writing projects.

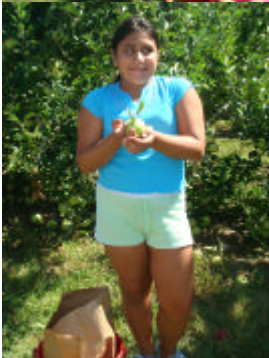
Thank you to all of our club members for traveling out to the 4-H office for our new meeting place and a warm welcome to all of our new friends.



## ANIMAL SCIENCE

**By: Meg Whitehouse, Leader**

Animal Science has had a busy fall. We have had a number of animal visitors to our meeting including an Australian Terrier, rats, rabbits, a Chihuahua and a dragon. We looked at feed tags and talked about animal nutrition. The club went apple picking at Battleview Orchards and ate apple cake. We also painted pumpkins for our October craft. We are collecting school supplies to help Teen Council with their service project. We are also planning a fund raiser for the Child Advocacy Center of Monmouth County.



## Heard Around The 4-H Clover (cont.)

### S.W.A.P.

By: Susan McLoughlin, Leader

S.W.A.P. is off to a busy start this year. We are meeting twice a month this year on Thursdays. In September, we worked on clay sculptures during our first meeting and worked on scrapbooking at our second meeting. Both of these were great ways to get our creativity budding.

On October 11th, we visited Solutions in Shrewsbury where we met with their Client Service Manager, Teddie O'Neill. She gave us a tour of the facility and we viewed a film. Then we brainstormed about how we could help them. We are going to collect gently used baby clothing and toys, cribs, strollers, etc. for their cottage for new moms. New moms can come there for parenting classes and can then acquire items they need for their new babies from the cottage. We will also be going there in the near future to help straighten up the cottage. We are glad we can help them.

We are excited about our next meeting in October—our annual apple picking adventure. We will be picking the apples we need to bake our homemade apple pies. This is one of our annual activities which is always so much fun.



Pictured above: Scrapbooking in September. The first photo is Hannah and Amanda. The second photo is Hannah and Patricia.

This is the Cottage at Solutions. It is Hannah, Patricia, Ashley, and Monica with the Client Service Manager, Teddie O'Neill.

### BIRD AND BUTTERFLY 4-H GARDEN AMBASSADOR

Hi, I am Alex Kubiak. I've been working in the Butterfly Garden for community service. On 9/20/07 I saw six parts of Monarch butterfly wings. The Butterflies had been eaten by a Praying Mantis. I deadheaded Black-eyed Susans and Sweet Williams. I dug holes for seeds of the Sweet Williams. (Sowing) I also dug holes to plant Ageratums. I also watered them. I met Mrs. Pat McCoy who is a Master Gardener. On 9/26/07 it was sunny and **HOT**. I saw a Monarch Butterfly, a Yellow Butterfly, and a Skipper-like Monarch Butterfly. I planted two Chive plants. I also dug tunnels to the roots of some plants so the water can get to the roots a lot easier.



## Heard Around The 4-H Clover (cont.)

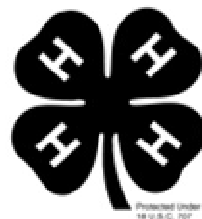
### WAGGING WONDERS AT THE MONMOUTH COUNTY FAIR

Given the 4-H's agriculturally focused beginnings, it is common to assume that children involved in 4-H ride horses, raise rabbits and participate in cultural events. All of these, plus much more, are true, but an off-forgotten element of the 4-H is its invaluable partnership with the Seeing Eye, the first dog guide school in North America. Members of Monmouth County's 4-H Wagging Wonders Club visited the Monmouth County Fair this August to talk with fair goers about the Seeing Eye/4-H Puppy Raising program.

The Seeing Eye/4-H Puppy Raising Program began in 1942 as a joint effort of The Seeing Eye, Inc. of Morristown, New Jersey and the 4-H Youth Development Program. Participants in this partnership are children from nine to 19 years of age, as well as adults. Puppy raisers have a demanding full time job, raising exuberant Seeing Eye puppies from 7 weeks until about 18 months of age. During these 14-18 months, the child (or adult) is responsible for his or her puppy 24 hours a day, 7 days a week. The pup generally sleeps on the floor next to the child's bed, and the puppy raiser's waking hours involve the feeding, personal care, training, and socialization of his or her 4-legged charge. Puppies often accompany their raisers to social and sporting events as well as vacations, although club members are also happy to share puppy-sitting duties. The Seeing Eye provides patient guidance and advice to the puppy raiser, and each puppy's upbringing is geared toward providing it with the background they need to become a successful Seeing Eye dog.

Visiting the Monmouth County Fair this year were 6 puppies and their raisers, accompanied by club co-leader Gail Drawbaugh of Little Silver. Alexa Kretsch of Eatontown, a senior at the Marine Academy of Science & Technology, worked with her third Seeing Eye pup, an 8 month old Golden retriever named Odessa. Zane Sweetman of Tinton falls, an eighth grader at the Calvary Academy, worked with his first Seeing Eye pup, a 14 month old Labrador/Golden retriever cross named Ruby, and Emily Marcouiller of Eatontown, a senior at Red Bank Catholic High School, worked with her family's first Seeing Eye pup, a 14 month old German Shepherd named Peggy. Three additional pups escorted by their adult raisers were 8 month old "Nancy" with Tom & Barbara Comandini of Ocean, 9 month old "Candy" with Beth Knotts from West Long Branch, and 7 month old "Bree" with Frank and Jo Cutler from Eatontown. The club members spoke with fairgoers while their pups had a chance to give some wet hellos to the visitors; then the pups formed a circle and worked through some of their usual obedience skills to demonstrate the kind of commands and behavior a Seeing Eye pup should be comfortable with before going back to Morristown.

The Wagging Wonders 4-H club generally meet twice monthly—most often at the fire house in Little Silver, or occasionally on field trips throughout the county (train rides, ball games, school visits, etc.). Anyone interested in being a Seeing Eye puppy raiser, or learning more about the program, can contact Gail Drawbaugh at (732)747-4649.



## YOUTH CORNER



### A VERY SPECIAL PERSON

By: **Melissa Whoeler, Animal Science and Thunderhoofs**

When you hear the word “4-H” or see the clover symbol, who or what do you think of? Guess what comes to my mind? Animals? The Monmouth County Fair? Club meetings? Arts and crafts? Animal shows? Presentations? The clover? Yes, all of the above and more, especially one special person. That person is someone who represents all of these things to me and to many other 4-H’ers who have had the privilege of knowing her, having her as a leader, a friend, and a role model. Yes, every leader is special, but there is one person who symbolizes 4-H in every way to me. She is really outstanding and everyone who knows her loves her. Give up? It’s Meg Whitehouse.

Mrs. Whitehouse gives so much of herself to this organization and to all the kids, not just those in her group. Everyone. When I read the Youth Corner section in the May-June ‘07 issue of the Lucky 4-H’ers Gazette about Mrs. Whitehouse, it got me to thinking about just how special she is and how much she has meant to me over the last 9 years that I have been a 4-H’er. To start, I agree with what my mother said in the article, that Mrs. Whitehouse is “the best!” That she is a “perfect leader” and also that she is the “greatest, patient and kind.” The Martin and McKittrick families also added how “terrific”, “knowledgeable”, “committed”, “involved” and organized” she is, just to name a few of her many great qualities.

I was about 8 or 9 when I first joined Thunderhoofs with Mrs. Whitehouse, and right away she made me feel comfortable and a part of the group. She was so nice and helped me with a lot of things. The first year I went to the fair with my animals I was overwhelmed. When one of the judges lifted my gerbils by their tails I really panicked and started crying thinking the tails would come off. She calmed me down, and when my gerbils won 1st place she was as happy as I was.

Now talk about patient. Nobody has more patience than Mrs. Whitehouse. I know that I am a real pain in the neck always calling her and asking questions about my pet’s health and care if a problem arises. No matter when I call her, day or night, weekday or weekend, she is always there at the other end of the phone ready with answers, advice and reassurance. And she is so smart; she seems to know everything about animals and is always right. I feel better talking to her than to a vet. She really cares about animals and knows what to do, and never makes me feel that my questions are silly or unimportant.

She is also a great teacher. When my gerbils wouldn’t nurse their newborns, she told me to buy kitten replacement milk and feed them with an eyedropper. When our bunny Princess developed worms, she told us to go to Dills and buy a particular medicine and within 2 days Princess was better. Last month when Princess suffered a stroke and eventually died, she was very supportive and understanding; offered advice and sympathy, and tried to help us find a replacement.

You can always find Mrs. Whitehouse at 4-H events, club trips, parades, parties, animal shows, apple picking, meetings and, of course, the fair helping out. I don’t know how she does all that she does and is always so nice to everyone.

Mrs. Whitehouse is just a really great person and she is 4-H to me. She helps us all “to make the best better” and every kid who is lucky enough to learn from her will surely leave 4-H a better person.

# YOUTH CORNER (cont.)



## JUNIOR EDITOR

By: Katherine Sotovelez

Hi everybody, my name is Katherine Sotovelez! A few people might know me from clubs and outings and others may have read the 14 Carrot Rabbit club newsletter, but either way, I wanted to let everybody know a little bit about myself. I'm a member of the 14 Carrot Rabbit club, and its reporter. I have a passion for creative writing and even drawing at times, that's why I'm writing this now. I had been asked to be the junior editor for all art, poetry, writing submissions, anything you can think of! We have so many creative people out there and we want to see what you can do, I know there's potential. If anybody was interested in submitting they could contact the 4-H office for information there, or get my e-mail address; I'll be creating a new one strictly for 4-H. Feel free to e-mail me any ideas or suggestions, always room for improvement! Thanks for reading, guys! Have a great 4-H year!

## KIDS CAN COOK!

By: Katherine Sotovelez

It looks like kids really can cook! A new club called "Kids Can Cook" started up by Mrs. Todd is up and running! I stopped by one of the meetings to see what it was all about, and what I saw was amazing. When I got there everyone was waiting anxiously to get started and get involved! I couldn't blame them, I was too! We started off decorating cup cakes with icing and all sorts of candies. Not to mention we learned a really cool way of making square eggs! Ghost pizzas bloodshot eyes! Everything fit in with the October Halloween type theme. It was so much fun, I just had to write about it!

The next meeting is November 23rd at 2:00 pm. We'll be making gingerbread houses and decorating them! All you have to do is pay \$10.00 to support the club, and bring a bag of your favorite candies to decorate the houses with! Candy canes, gum drops, mints, anything you can think of. I'll be there helping out as well. It's going to be great!

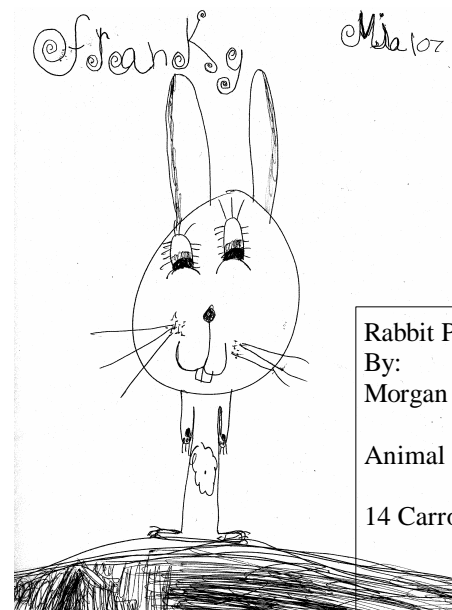
The following meeting will be December 21st at 7:00 pm.

There we'll be making chocolate gifts! We make little chocolate sleighs and have fun decorating! This is for anybody interested in the club! It's so much fun and you get to do a lot of hands on things. The following meeting will be January 18th at the same time, and roasted chicken is our goal! You learn a lot of great tricks at these meetings, have a pen and paper ready!

Kids Can Cook is an amazing club and still growing! Be sure to stop by the next meeting and check it all out for yourself! Thanks for reading.



## YOUTH PICTURE



Rabbit Picture on Left  
By:  
Morgan Martin  
Animal Science Club  
14 Carrot Rabbit Club

# YOUTH CORNER (cont.)



## POETRY AND JOKES FROM LIVE AND LEARN

### GREEN LIGHT

By: Brennan Kentner

Mold!  
Mold!  
It is fuzzy!  
It is green!  
It grows in wet places in between!  
Green!  
Green!  
It means “go!”  
I like to keep moving, don’t you know?

### BLUE DAY

By: Kyle Kentner

I like the color blue.  
Do you like it, too?  
Blue is my shirt that is comfy and soft.  
Blue is my medicine when I cough.  
Blue are my crayons made out of wax.  
Blue is the sky that fades into black.  
Blue is around you and me.  
Blue are sapphires bright and sparkly.  
A primary color is this blue.  
I like it a lot.  
What about you?

### RED

By: Karl DeVoe

My favorite color is red.  
I sleep in my bed.  
When I wakeup I take my med.  
I have a Friend.  
His name is Ted,  
And he bled red.

### BOO TO YOU BLUE

By: Louie Adam

Boo to you!  
In my blue shoe  
I’ll give you my socks  
And you will shout “Phew!!”

### HAIKUS

By: Noah Resnick

Lillies and roses  
Streak through many nice gardens  
Like a butterfly

Extra cheese and sauce  
Pepperoni and mushrooms  
This is my pizza

Streamers all around  
Cake and ice cream on the bench  
It is my birthday

### A CINQUAIN

By: Noah Resnick

Flowers  
Delicate Rainbows  
Blowing, Swaying, Clustering  
Colorful saplings in soil  
Florets

### GREEN

By: Anna Gugliotta

I like the color green  
It makes me think of a jelly bean.  
It is the best color of all  
It makes me think of fall.

### PINK

By: Lilianna Genatt

I really love to think pink,  
It makes me happy, like a straw-  
berry and my pappy.  
I also love pink ink,  
it makes me wink.

### THE GREEN MACHINE

By: Seth Genatt

I do like green,  
it’s an aqua machine,  
and it makes me clean,  
like a jelly bean.

### JOKES

By: Jonah Resnick

#### The Virus and the Antibody

So, an antibody catches a virus  
and says to the virus “Get back in  
your cell!”

#### Eczema Problem

A farmer goes to the doctor and  
the doctor asks “What seems to be  
the problem?” The farmer replies  
“I have eggsema.”

Question: Why did the fox cross  
the road?

Answer: He ate the chicken.

The  
**Power**  
of Youth



# FIVE-A-DAY CORNER

## 5-A-Day Through Theatre and Roleplay

**By: Debbie Hemmann, Monmouth County 4-H FSNEP Program Associate,  
Chevonne Porter, Monmouth County 4-H FSNEP Community Assistant &  
Leslie Nicholson, Monmouth County 4-H FSNEP Principal Clerk**

Monmouth County 4-H FSNEP has quickly started our 2008 fiscal year! We are experiencing growth in our staff and in the number of schools we visit. We welcome Shakkie Clark our newest Community Assistant, who will be joining our staff soon to assist us with our program. We are also seeing new faces in our troupe, many of who recently expressed their creative abilities at our Troupe Training Meeting.



This should be a fun filled year with 5-A-Day Through Theater and Roleplay. Come and join us as we share some exciting skits and teachings with the food stamp eligible youth and families of Monmouth County. If you are 14 years of age or above and have an interest in nutrition and drama and would like to join our troupe, please give Debbie Hemmann a call at: (732) 577-6689.



Pictured above from left to right: Rick Gunther and Amy Gates.



Pictured above from left to right: Rory Griffin, Laura Rice, and Sara Jenkins.

### Health Corner:

Our Monmouth County 4-H FSNEP students are learning the benefits of grapefruits this fall. Take a peek at the yummy recipe below.

**Texas Citrus Salsa**

**Ingredients:**

- |                                       |                                      |
|---------------------------------------|--------------------------------------|
| 1 grapefruit, sectioned and chopped   | 1 jalapeno pepper, seeded and minced |
| 1 large orange, sectioned and chopped | 3 tablespoons chopped red onion      |
| 1 medium tomato, chopped              | 1 tablespoon chopped fresh cilantro  |
| 1 cup diced bell pepper               |                                      |

**Directions:** Mix grapefruit, orange, tomato, peppers, onion, cilantro and season to taste. Drain juice before serving.

Source: [www.texasweet.com](http://www.texasweet.com)



## THANK YOU

### STATE TRAIL RIDE

By: Diane Mauser

My daughter has been part of 4-H and the horse project for years now. This year she chose to not do the state trail ride, but went to help her team instead.

Much to my dismay, I missed the trail ride this year. Of course when my daughter came home, there were tons of fun weekend stories, but one really stuck in my mind.

It seems that at award time there was a judging mix-up and the awards did not go to the proper riders.

Most kids wouldn't really question their ribbons, but one rider did. She stood up and told her mom to tell the judges that there must have been some mix-up; much to her dismay her horse was not handling the heat as well as she had hoped but still did an awesome job. The judges reviewed their sheets and realized that she was correct and the awards belonged to another rider.

I can't tell you how much this shows the true 4-H spirit. I think when we sign our children up for 4-H we hope that they get much more than ribbons and winning and losing out of all of this. Don't get me wrong, ribbons are a big accomplishment and I am proud of both our teams, but it is such a small part of the whole 4-H experience. I think that when Diana Vogel stood up and said, "I didn't earn this ribbon, please give it to the person who did," it showed true

sportsmanship.

I feel that we get carried away by the winning and losing and sometimes we forget why we are in 4-H. I don't think anyone learned a bigger lesson than the one Diana taught them. She showed them sportsmanship, loyalty, leadership and heart. I was so glad my daughter was there to witness her honesty. We can all hope that long after the ribbons fade, that our children turn into caring, well rounded, honest, honorable and successful adults thanks to 4-H.

Thank you to all who volunteered and coached, we all do appreciate it!

### THANK YOU 4-H ASSOCIATION

At a 4-H Association meeting on September 6, 2007 Jane Hight was presented with a desk set inscribed "36 Years of Dedicated Service as a 4-H Leader!"

Jane's response, "I am looking forward to the next 36 years!"

Now that's dedication. Way to go Jane!



## CONGRATULATIONS

### NATIONAL WILDLIFE FEDERATION

September 25, 2007

Virginia Krzyzanowski  
Rutgers Cooperative Extension  
4000 Kozloski Road  
PO Box 5033  
Freehold NJ 07728-5033

Dear Virginia Krzyzanowski,

Congratulations! It gives me great pleasure to send you the enclosed Certificate of Achievement, which confirms that your yard or garden is an official National Wildlife Federation (NWF) Certified Wildlife Habitat site. You now join a prestigious group of NWF members across the country who have been recognized for protecting and nurturing wildlife in their own yards, schools/educational settings and community spaces.

As one of the benefits of certifying your wildlife habitat site, you will begin receiving a free subscription to our quarterly e-newsletter, Habitats Online. Each issue is filled with great tips and projects to help maintain your habitat as well as program news and more. Keep an eye on your inbox as your first issue should be arriving shortly! You will also receive a free one-year membership to NWF with full membership benefits. This includes a year's subscription to our award-winning magazine. National Wildlife.

You are now eligible to post a Certified Wildlife Habitat sign on your property. Our weatherproof sign is made from recycled material and is a great way to show your friends and neighbors your commitment to wildlife in your community. A sign order form and return envelope are enclosed for your convenience.

In addition to posting the sign, you can inform and educate your neighbors about your certification by sending a press release to the media. Simply fill out the enclosed press release form and send it to your local newspapers, magazines, and other news media to inspire others in your community to apply for certification too!

Please accept my congratulations again for successfully making a home for wildlife. We hope you enjoy your newly certified habitat for many years to come.

Sincerely,  
Kimberly Winter  
Kimberly Winter, Ph.D.  
NWF Habitats Program Manager



## CONGRATULATIONS (cont.)

### YEARBOOK MINI GRANTS

The Yearbook committee awarded 11 clubs/advisory groups with \$590. The clubs and advisory groups were encouraged to apply for mini grants. The mini grants supported funding for supplies, educational programs, awards, field trips or other needs of the group. The project needed to demonstrate life skills through leadership development, community service and hands on experiences.

The yearbook committee was able to make these mini grants possible through ads and sponsorships obtained. Thank you to everyone who supported the year book. The yearbook committee will be accepting applications again on March 1st. For more details please contact the 4-H office.

If you are interested in serving on the yearbook committee, please contact Paula Sagui at [psagui@optonline.net](mailto:psagui@optonline.net) or Kelly Valenti at [dumas@rcrc.rutgers.edu](mailto:dumas@rcrc.rutgers.edu).

### STATE SMALL ANIMAL

Congratulations to all of those who participated in the State Small Animal Show held on September 15th. Thank you to everyone who helped to make this event such a success. This year there were 9 counties participating with 280 animals and 56 youth. Way to go 4-H'ers!

#### **RABBIT SHOW RESULTS:**

<u>Class</u>	<u>Best of Breed</u>	<u>Reserve of Breed</u>
Beveren	Amelia Valente	Amelia Valente
Champagne	CJ Halpin	
Harlequin	Jen Clayton	
Jersey Wooley		Clair McKittrick

#### **CAVY SHOW RESULTS:**

<u>Class</u>	<u>Best of Breed</u>	<u>Reserve of Breed</u>
Mixed	Anthony Santinello	

#### **RABBIT, SMALL ANIMAL, CAVY SHOWMANSHIP**

##### **Intermediate B (Grades 7-8)**

Clair McKittrick                      1st Place

### 2007 NEW JERSEY 4-H GOAT SHOW RESULTS

On Thursday, August 23, 2007 at the Hunterdon County 4-H and Agricultural Fairgrounds 46 4-H members from 6 counties (Atlantic, Burlington, Hunterdon, Mercer, Monmouth, Somerset) exhibited 145 goats. "Great Job Lexie!"

#### **SHOWMANSHIP RESULTS:**

**Senior Showmanship and Fitting (18 entries)**  
5th Place Lexie Mariolis

#### **BREED JUNIOR AND SENIOR CHAMPIONS**

##### **Nigerian Dwarf**

Junior Reserve Champion	Lexie Mariolis
Senior Reserve Champion	Lexie Mariolis



## CONGRATULATIONS (cont.)

### NEW JERSEY STATE 4-H HORSE SHOW September 17, 2007

Thank you to all of the volunteers who worked at the State Horse Show and Congratulations to all of our 4-H'ers. You did an excellent job representing Monmouth County.

#### ENGLISH DIVISION Jr. English Pleasure

8th Ashley McKinley riding Two Eyed Charles

### 2007 STATE 4-H COMPETITIVE TRAIL RIDE

By: Paula Sagui

On Sunday, October 7th, the State 4-H Competitive Trail Ride was held in Cumberland County. This is probably the most challenging of the 4-H equestrian competitions. The 25 mile ride had to be completed in between 4 and 4 1/2 hours and included 15 judged obstacles. The riders competed for a variety of awards including, Best Trail Horse, Best Conditioned Horse, Best Managed Horse and Best Rider.

This year, eight counties were represented by 42 riders. The Monmouth County team included first time riders Olivia Bundschuh on Martinique and Kacie Moran on Bambi, veterans Christin Sagui on Shadows K Apollo and Jessica Sagui on The Toolman and our team captain, Diana Vogel on CTR Champion Denny. The coaches were Philippa Buffin and Denise Moran and the team coordinator was Jane Hight. Abbey Lanz and Erin Mauser accompanied the team as volunteers and helped out wherever they were needed.

The team has been practicing together since early spring, learning about conditioning their mounts, navigating obstacles, competitive trail ride rules, vital signs, ride strategy and managing their horses. They put in many hours and covered countless miles of trails preparing for this one event.

The day started early when we left the hotel and arrived at the fair grounds before dawn to feed the horses. Then we set up our management displays and prepared our horses. Next it was the long wait for the initial vet check and trot out. Finally we tacked up and headed out around 10:30. The day proved challenging for many horses because of the unusually warm weather and we had to carefully manage the pace and ensure our horses stayed well hydrated. At the end of the ride we presented our horses to the vet again for a final check. After packing up, we enjoyed the awards dinner.

The entire Monmouth County team completed the ride with sound and healthy horses, a true accomplishment in itself. In addition, the team members each earned awards in almost every category topped off with a blue ribbon for Jessica as Best Senior Rider and the 4th place ribbon for High Point Team, a credit to captain Diana's leadership, the expert guidance of the coaches and the hard work of the entire team. Everyone had a great (if exhausting) time and learned many valuable skills. We are proud of them all.



# CONGRATULATIONS (cont.)



## STATE 4-H TRAIL RIDE RESULTS October 7, 2007 Cumberland County

*47 riders were registered for the event. 42 riders representing 8 counties (Atlantic, Burlington, Cape May, Cumberland, Gloucester, Monmouth, Salem and Warren) participated in the ride.*

**Best Trail Horses –Jr.**

- 6. Olivia Bundschuh

**Best Conditioned Horses-Jr.**

- 5. Kacie Moran
- 8. Olivia Bundschuh

**Best Conditioned Horses-Sr.**

- 2. Jessica Sagui
- 3. Christin Sagui

**Best Managed Horses—Jr.**

- 7. Kacie Moran
- 8. Olivia Bundschuh

**Best Managed Horses—Sr.**

- 7. Jessica Sagui

**Best Senior Riders**

- 1. Jessica Sagui
- 4. Christin Sagui

**Best Junior Riders**

- 5. Kacie Moran
- 8. Olivia Bundschuh

**High Team**

- 4. Monmouth

**Best Mex Range**

- Diana Vogel

**Best Welsh Mix**

- Olivia Bundschuh

# RESOURCES



## CHARACTER COUNTS!



“If people knew how hard I worked to get my mastery, it wouldn’t seem so wonderful after all”, Michelangelo

### NEVER GIVE UP! A Family Game

Today we’re going to learn how important it is to never give up. When we start on something, we’ll never finish the task if we give up. Giving up means stopping. When we’re trying to learn something new at school, we must not stop listening. And, even if it’s hard, we have to keep trying to understand.

Tell them: We’re going to play “I Spy” today. That’s a game some of you may already know how to play. For those who don’t, the point of the game is to find this mule after I hide it. Hold up the mule so that everyone can see it. This mule is a stubborn creature. Like you, he never gives up.

Say: If I pick you, you have to go outside the room (or cover your eyes) while I hide the mule. Then I’ll call you back and you have to try to find the hidden mule. There is only one way the rest of you can help this person find the mule: When he or she gets close to the mule say, “you’re getting warmer.”

If the person is getting really close, we say, “You’re getting hot, hotter...burning up.” If the person is moving away from the mule, we tell them that they’re getting colder.

When the person looking for the mule sees it, he or she says, “I Spy.”

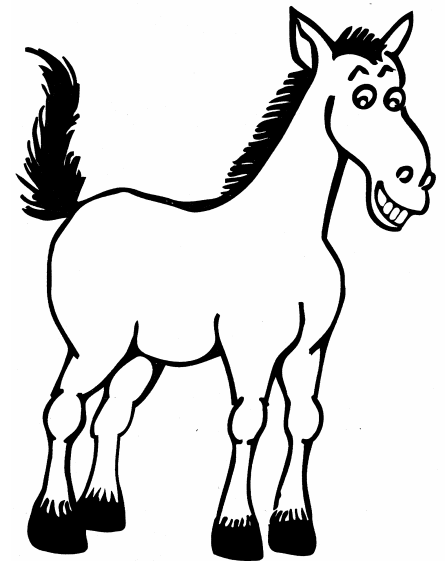
(Tell other family members not to look at the mule or it will be easy for the person to find it. You might give them hints at the beginning to help them catch on.)

Place the mule so that it is hidden fairly well, but still partially in view. You can determine how difficult to make it by how quickly it is found. Compliment the person who is looking, reminding him or her that it is important to “never give up” until he or she finds the mule and finishes the job. Each time a player finds the mule, stress how important it was not to give up.

IDEA #14 Activity Sheet: Never Give Up!

After completing the game, thank your family for being such good players. Ask them: What can we learn from this lesson? (Never give up!) How did you feel when you found the mule? (You felt good because you knew you had finished the job you had begun.)

Say: It’s the same way at home and at school. When you’re trying to clean your room or do your schoolwork, don’t give up. Keep on working at it until you’re finished. Remember, never give up!



Adapted from “Learning for Life: A Partner in Education” (a subsidiary of the Boy Scouts of America) Used with permission. Copyrighted material of the Boy Scouts of America. All rights reserved.

SOURCE: 2002 Josephson Institute of Ethics; “Good Ideas to Help Young People Develop Good Character”; read up and reach out at [www.charactercounts.org](http://www.charactercounts.org).

## IN THE NEWS

### ALEX AND IRENE

**By: Terri Jones, Leader Jersey Shore Pet Bird Club  
and Director Arcadia Bird Sanctuary and Educational Center**

Aviculture lost an icon this month, when the world's most famous Congo African Grey, Alex, passed away suddenly. While many know of Alex as the bird that could count, he did so much more.

About 30 years ago, Dr. Irene Pepperberg walked into a pet store and asked the salesperson to pick out a Congo African Grey. Dr. Pepperberg was going to study how animals communicate and this grey was to be the focus of her studies. Alex went home with Dr. Pepperberg and together they began to make history.

It has been asked what kind of life Alex had, being the focus of Dr. Pepperberg's study. Alex spent his nights in a huge cage in a university, but had the run of the lab all day— he could sit on top of his cage, sulk inside it if he chose, climb to some perches, ask to go to others. His health and husbandry were constantly monitored. Dr. Pepperberg worked with Alex every weekday, teaching him to recognize colors, shapes, letters, numbers, objects and textures, concepts such as big/small, same/different, and absence, and she recorded his responses. As Dr. Pepperberg's studies progressed, graduate students became involved and when Dr Pepperberg wasn't there, there were a multitude of students and assistants working with Alex. The day was, of course, not all work. Alex bossed the students, requesting showers, tickles, and treats, asking them about items in the lab as well. He interrupted the sessions of the other birds, for example, asking them, "What shape?" in the middle of their sessions on colors. Few pet birds could boast of such a stimulating and intellectually challenging environment.

The team developed a unique teaching method for Alex, which they termed "modeling." Two people would perform, or model the behavior they wished Alex to learn, with Alex watching. After several demonstrations, one of the people would turn to Alex and repeat the behavior or ask him the question. Alex would then learn to respond as he had seen the people respond. Dr. Pepperberg would record how many attempts were made and Alex's responses.

Many skeptics are quick to say, "So what? A bird learned his colors." But what Alex did was far more than that. Little known is that his new teaching/learning technique developed by Dr. Pepperberg for Alex is being used with great success with autistic children. Yes, Alex taught us much about avian communication and learning, but what Alex and Dr. Pepperberg also did was provide a way to work with her colleague, Diane Sherman (New-Found Therapies), to break through the walls of autism and reach these children who had no communication.

Alex was a bird. Alex was a pioneer. Alex was a blessing. Alex will be missed. Dr. Pepperberg, thank you for giving us Alex and we support your continued work with Griffin and Arthur.



### COME ONE-COME ALL BIRD LOVERS

The Jersey Shore Parrot Club meets the 1st Thursday of each month at 5:30 pm at the Medicenter, 2050 Sixth Avenue, Neptune. We have lots of fun things planned and hope to see you there. For more information,

## IN THE NEWS (cont.)



### SARAH SAKOWSKI NAMED 4-H CARHARTT SCHOLAR

The following article appeared in *The Post Eagle* and *The New Transcript*

CHEVY CHASE, Md.—National 4-H Council and Carhartt have named Sarah Sakowski of Morganville, New Jersey as a 4-H Carhartt Scholar. This distinction places Sakowski among 170 other 4-H youth attending Citizenship Washington Focus (CWF) as a member of the second class of 4-H Carhartt Scholars. Sarah attended CWF the week of July 15th at the National 4-H Youth Conference Center in Chevy Chase, Md.



CWF is a civic education and leadership program organized by National 4-H Council every summer for high school youth. Since 1963, CWF has provided leadership opportunities for 4-Hers to experience the nation's capital and governmental processes first hand. 4-H delegates from across the country broaden their appreciation and respect for themselves and others in the world through civic workshops, committees, field trips and social events. Participants learn and practice skills intended to make them better citizens and successful individuals. More than 2,000 youth will attend CWF in 2007.

"I had an outstanding experience at CWF. I learned about the different national monuments and gained a better understanding of how our government runs. I also made new friends, met new people, and had an experience that I will remember for years to come." said Sarah.

"Carhartt's support of Citizenship Washington Focus allows 4-H to expand leadership opportunities to even more youth through the 4-H Carhartt Scholars program," says Donald T. Floyd, Jr., National 4-H Council president and CEO. "This investment in civic engagement gives today's youth leaders the skills and knowledge to grow into even better leaders tomorrow."

For over 115 years, Carhartt has manufactured premium workwear known for exceptional durability, comfort, quality of construction, and fit that you can feel in the fabrics and see in the performance. Carhartt now offers a complete product line for warm and cold weather alike that includes jeans and work pants, shirts, sweats, shorts, tee's and accessories.

4-H is a community of more than 6.5 million young people across America who are learning leadership, citizenship and life skills. National 4-H Council is the national, private sector, non-profit partner of the 4-H Youth Development Program and its parent, the Cooperative Extension System of the U.S. Department of Agriculture. [www.4husa.org](http://www.4husa.org).

## RUTGERS

New Jersey Agricultural  
Experiment Station

Cooperative Extension of  
Monmouth County  
4-H Youth Development



## IN THE NEWS (cont.)



### MONMOUTH 4-H CARES PROGRAM BEGINS OCTOBER 1, 2007

Youth served by Monmouth Cares, Inc., a care management agency, will now have the opportunity to learn more about 4-H and how to become involved in it. We are extremely pleased to have received a grant to build this partnership between Monmouth Cares and 4-H. Monmouth Cares youth will be encouraged to participate in 4-H in their areas of interest including 4-H clubs, camps, independent projects, school enrichment programs, special interest programs and after school programs. If you would like to serve as a 4-H volunteer working with a Monmouth Cares youth, contact Mariela Osorio, Monmouth 4-H Cares Program Liaison. Welcome to Mariela. Mariela introduces herself here to the 4-H family:

Hello everyone, it's great to be on board. 4-H has joined forces with Monmouth Cares to establish a new program geared to children ages 5 through 18. As the Program Liaison of the newly formed Monmouth 4-H Cares, I'm excited about the possibilities aimed at helping youngsters better face the challenges they encounter. In a day and age when our youth often feel alienated from and ignored by the adult world, social and recreational programs addressing young people's interests will likely be more effective in keeping kids safe and away from the dangers of the streets.

My primary goal is to link currently enrolled Monmouth Cares children with caring adults willing to mentor these kids through special interests. We realize that in certain situations, one-size does not fit all. Therefore, it is important to keep in mind the needs and interests of our young people in order to provide the appropriate support. Some children work well in group settings, while others require more individualized attention. By listening to their opinions, understanding their difficulties and gently guiding them through engaging activities, we enable these youngsters to achieve increased self-confidence, which is essential for a healthy outlook on life.

I will also focus my efforts on recruiting compassionate individuals to guide and nurture these children while engaging in fun-filled activities. Helping the community is a much needed service in today's hectic, and oftentimes, indifferent world. Let's face it, we've all benefited from the kindness of others. I know I have.

As the daughter of Colombian immigrants, I dreaded school; I didn't speak the language, didn't understand the culture and worst of all, as the new kid in town I didn't have any friends. That is until Rosie Gonzalez – a feisty fifth grader took it upon herself to serve as my personal interpreter. Decades later, after working in the corporate world for more years than I care to admit to, I finally got fed up with the office politics and backstabbing. With Rosie's good deed still embedded in my consciousness, I decided to volunteer at the Parker Family Health Clinic as a Spanish interpreter. The response was astounding. So much so, that it has made me a firm believer in the power to help. The opportunity to share our gifts and thereby make a difference in the world is one of the most profoundly fulfilling experiences we can have in life. Please consider mentoring a child. It's the perfect volunteer opportunity. To love what you do and feel that it matters – how could anything be more fun?

For more information on how you can help mentor a child, please call Mariela Osorio at 732-222-8008 ext. 132 or email at [mosorio@monmouthcmo.org](mailto:mosorio@monmouthcmo.org)



## Spanish Versión

### LA UNION DE 4-H CON MONMOUTH CARES

Hola, me alegra participar en la union de 4-H con Monmouth Cares. 4-H se ha juntado con Monmouth Cares para establecer un nuevo programa dirigido a niños de edades de 5 a 18 años. Como Planeadora de Enlace de la nueva organización conocida como Monmouth 4-H Cares, estoy muy entusiasmada sobre las posibilidades de poder ayudar a estos jóvenes superar mejor las dificultades con que se encuentran. En esta época cuando la juventud frecuentemente se siente alienada e ignorada por los adultos, programas sociales y recreacionales diseñados para los intereses de estos chicos serán más efectivos para mantener a los niños seguros y fuera de los peligros de la calle.

Mi meta principal es enlazar a niños que son participantes de Monmouth Cares con adultos cariñosos y dispuestos a guiarlos por medio de actividades recreacionales en las que comparten los mismos intereses. Nos damos cuenta que cada situación es diferente. Por esa razón es importante tener en cuenta las necesidades e intereses de estos jóvenes para mejor proveer el respaldo apropiado. Algunos niños se llevan bien en grupos, mientras otros requieren atención individual. Prestando atención a sus opiniones y dificultades y guiándolos por medio de actividades atrayentes, facilitamos que estos jóvenes aumenten su confianza en ellos mismos, lo cual es esencial para mantener una perspectiva saludable.

También pondré mis esfuerzos en reclutar a individuos compasivos para guiar y fortalecer a estos jóvenes por medio de actividades divertidas. Apoyar a la comunidad es un servicio muy necesario en un mundo tan agitado e indiferente como lo es hoy en día. Admitámoslo, cada uno de nosotros hemos sido beneficiados por la caridad de otros. Yo lo he sido.

Siendo hija de inmigrantes colombianos, sentía pavor por tener que asistir a la escuela: no hablaba el idioma, no entendía la cultura y peor aun, siendo recién llegada no conocía a nadie. Hasta que Rosa Gonzalez – una estudiante pícara del 5º grado - tomó a pecho servir como mi intérprete personal. Décadas después, luego de haber trabajado en una corporación por más años que deseo admitir, me harté del ambiente y renuncié. Teniendo en cuenta la obra de caridad que Rosie tuvo conmigo, resolví prestar mis servicios como voluntaria en la Parker Family Health Clinic como intérprete. La respuesta fue asombrosa. Tanto que me convirtió en una creyente en el poder de ayudar. La oportunidad de compartir nuestras habilidades y tener conocimiento que nuestras obras tienen la capacidad de afectar al mundo es una de las más profundas experiencias que podemos tener en la vida. Por favor consideren servir como mentor a un niño. Es la perfecta oportunidad para ayudar como voluntario. Amar lo que uno hace y saber que sus obras son importantes – ¿qu otra actividad puede ser más divertida?

Para más información sobre como puede ayudar a un niño, comuníquese llamando a Mariela Osorio al 732-222-8008 ext. 132 o por correo electrónico a [mosorio@monmouthcmo.org](mailto:mosorio@monmouthcmo.org)



# IN THE NEWS (cont.)

## 4th ANNUAL MONMOUTH COUNTY 4-H ARTS CAMP 8/24-8/26/07 FOSTERS CREATIVITY AND FRIENDSHIP

Over 30 youth participated in a variety of arts activities during the 4th Annual Monmouth County 4-H Arts Camp held at Camp Nomoco, Turkey Swamp Park. Camp groups named Head, Heart, Hands, and Health engaged in creative writing, drama, song writing, puppetry, creative movement, crafts, visual arts and step dancing. Campers shared talents around the campfire.

Special thanks to Diane Gregorio and her mother for coordinating camp meals. Thank you to the Monmouth County Parks system staff for their assistance.



Campers learn how to write a song from their hearts.



Puppets and Pasta make for arts camp fun!



Pictures above show that scrapbooking captures our dreams and ideas.



Pictures to the left show campers enjoy playing different roles in improvisations.

Pictures to the right show that with imagination, a parachute is transformed into any setting.





## IN THE NEWS (cont.)



### MONMOUTH COUNTY FREEHOLDERS RECOGNIZE MONMOUTH COUNTY 4-H WITH PROCLAMATION FOR NATIONAL 4-H WEEK

At their September 27th meeting, the Monmouth County Freeholders issued a proclamation for National 4-H Week 10/8—10/13/07. We thank the Freeholders for their ongoing support of 4-H.

### 4-H DOG CLUBS PARTICIPATE IN 4TH ANNUAL DOG PARADE AT FRANCES ASBURY MANOR OCEAN GROVE

Monmouth County 4-H Dog clubs served as Grand Marshall of the 4th Annual Dog parade held on September 15th at Frances Asbury Manor senior housing in Ocean Grove. Participating in the parade were the Wagging Wonders seeing eye dog club, Little Silver; Paws for A Cause dog club Eatontown; and K-9 Bonediggers, Howell. Thank you to our 4-H'ers, their leaders and parents for representing Monmouth County 4-H so impressively. Our 4-H dogs proudly stepped along side of their 4-H trainers. Residents and staff expressed positive feedback on the 4-H presentation.

### DELICIOUS DESSERTS EVENT

Twenty 4-H members from fourteen different clubs participated in our Healthy Delicious Desserts Event. The treats were enjoyed by all who attended Members Recognition Night. Participants included: Rebecca Carmeli-Peslak; Ariana Gregorio; Gabriella Gregorio; Maria Gregorio; Holly Kasternakis; Kassy Kasternakis; Tiffany Kasterakis; Taryn Leary; Brianna McGowan; Monica Murphy; Dakota Olsen; Erin Panek; Jonah Resnick; Noah Resnick; Carla Rios; Ian Rios; Sarah Sakowski; Jamie Wallenstein; and Melissa Whoeler.





# IN THE NEWS (cont.)

## OPEN HOUSE

WOW! What a success! The Open House was held on October 13 from 1:00—4:00 and we had over 20 different families stop by and visit our clubs, enjoy refreshments, meet Tommy the Clydesdale, our other 4-H family members (& animals) and of course learn about all the great programs 4-H has to offer. A huge thank you goes to the horse project for coordinating this wonderful event. What a great way to celebrate National 4-H Week—adding more members to the family.



Amigitos was one of 14 clubs that helped to promote 4-H at our Open House.



Clubs had different crafts, games and animals to help explain about their project.



Thanks to the 4-H members (and the adults who came in to assist) who helped to decorate.



Bits & Bridles brought their mascot Tommy to meet the public.



Pictured left: Freeholder McMorrow stopped by the Allied Health booth to learn about their club and the projects they do with the community.



Morgan Martin & Erica Todd worked the information booth and like many 4-H'ers helped in all different areas to make the open house a success.



Pictured Left: What a day! Freeholder McMorrow gave a Proclamation in honor of National 4-H Week.



# IN THE NEWS (cont.)

## EQUESTRIAN OF THE YEAR

By: **Christin Sagui**

My name is Christin Sagui, I am fifteen years old, in eleventh grade, and am currently Vice President of the Curry Combs.

I am the 2007 Equestrian of the Year and am running for 2008 title as well. My platform is to promote the 4-H horse project, especially Horse Science and Youth Horse Council.

So far I have been going around to various clubs to get the word out about the different opportunities in the horse project. I have also been working outside of 4-H, encouraging potential members to come to the open house and hopefully join a club. I have been talking about the benefits that come from 4-H to those who don't know what it is. The more people know about 4-H and the horse project, the more they can learn from it.

### MEMBERS RECOGNITION NIGHT

In honor of National 4-H Week we held Members Recognition Night on October 11 to recognize our 4-H'ers for all their accomplishments during the 2006-07 Program Year. Congratulations 4-H'ers.





# ANNOUNCEMENTS



## COMMUNITY SERVICE PROJECT

By: **Diane Zahorsky, County Extension Horticulturist**

In the Asbury Park Press there was an article about Open Door Foodbank, where the Master Gardeners have so far donated over 1400 pounds of produce from the gardens out back of the Ag building. The article stated that donations are down, demand is higher, and there is not enough food on the shelves to feed the hungry. Perhaps we can all clean our shelves out at home before the holidays! Anything non-perishable will be appreciated. Thank you for your generosity.

## COMMUNITY SERVICE HELP NEEDED

By: **Melissa Whoeler, Animal Science and Thunderhoofs**

I would like to ask all 4-H'ers for their help.

When I was 11 and 12 year old, I was very sick and spent over 100 days living at Centra State Medical Center. At 13, for my Confirmation Community Service Project, I made a Treasure Chest for the CSMC Pediatrics Department, and I keep filling it up with toys for the kids to take home when they leave the hospital. I put in all sorts of little toys like Beanie Babies, Matchbox cars, fast food kids meal toys, crayon packs, small books, hair clips, dolls, etc. Just about anything kids like.

The toys go fast and I'm having trouble keeping it full, so I'm asking everyone for their help. I have a box at the building and would really appreciate it if everyone could contribute any new items to it so that I can continue to keep my treasure chest filled.

Anytime you get a kid's meal toy, or a small gift you don't want and it's still new and clean (or in its original package), or have any extra things you don't want, could you please drop them off? All donations are greatly appreciated. Thank you.

## 4-H SEEKING DOUBLE DUTCH CLUB LEADERS

Monmouth County 4-H is seeking additional double dutch volunteers to support 4-H programs in Freehold and Asbury Park. Please forward any referrals to Ellen at (732)431-7266 or  
williams @rcrc.rutgers.edu

## COUNTY PUBLIC PRESENTATIONS

### SAVE THE DATES

County Presentations will be held on:

March 28, 2008

And

April 2, 2008

You can present on either night.  
We would like to see everyone participate.

## NASA ENGINEERING DESIGN CHALLENGE

### Bring Space Into Your Classroom!

As NASA plans to return to the moon, plant growth will be an important part of space exploration. NASA scientists anticipate that astronauts may be able to grow plants on the moon in specialized plant growth chambers. Come participate and build your own lunar growth chamber in the NASA Engineering Design Challenge!

Through the NASA Engineering Design Challenge, elementary, middle and high school students will:

- ?? Design, build, and evaluate lunar plant growth chambers
- ?? Receive cinnamon basil seeds flown on STS-118
- ?? Test lunar growth chambers by growing and comparing both space-flown and earth-based control seeds.

Visit <http://www.nasa.gov/education/plantchallenge> to register and to receive more information about the NASA Engineering Design Challenge.



# UPCOMING EVENTS

**RUTGERS**  
New Jersey Agricultural  
Experiment Station

Equine Science Center  
ASB II, Room 149  
Rutgers, The State University of New Jersey  
57 US Highway 1  
New Brunswick, NJ 08901-8554

www.esc.rutgers.edu  
esc@aesop.rutgers.edu  
732-932-9419  
Fax: 732-932-2658

## You are invited... Equine Science Update Tuesday, December 11, 2007, 6 – 9 p.m.

The Equine Science Update, open to all horse enthusiasts, highlights the Equine Science Center's work in advancing equine health, horse management practices, and solutions to equine industry issues.

**Schedule:**

6 to 7 p.m. – Light Supper

7 to 9 p.m. – Equine Science Update

- The New Jersey Equine Industry 2007 – Economic Impact
- Manure Management Plans and Training for New Jersey Horse Farmers
- Environmental Concerns for Equine Operations
- Jersey Fresh CCI: What the Pros Feed Their Horses
- Rutgers Young Horse Teaching and Research Program
- Horse-Powered Bioenergy
- Current Research in Equine Joint Health

**Optional Tours:**

- 4:30 p.m. – Meet the 2007/08 Young Horse Teaching and Research Program weanlings – Ryders Lane Facility
- 5:30 p.m. - High-speed equine treadmill demonstration – Treadmill Laboratory

**Location:**

New Jersey Museum of Agriculture, 103 College Farm Road,  
New Brunswick, NJ • Cook Campus  
<http://agriculturemuseum.org/info.html> or (732) 249-2077  
(directions on reverse)

To register, please clip and mail this form with remittance by **Monday, November 26, 2007**  
to: Equine Science Center, Rutgers, The State University of New Jersey,  
57 US Highway 1 New Brunswick, NJ 08901-8554

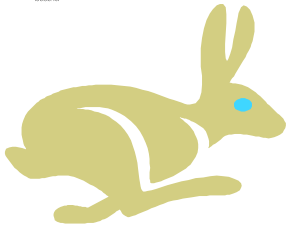
Yes, I will visit the weanlings at the Ryders Lane Facility       Yes, I will attend the Treadmill Demonstration  
 Yes, I will attend the ESC's Science Update from 7-9 p.m.       Yes, I will attend the Reception and Light Supper  
 Suggested event donation: \_\_\_\_\_ adults @ \$25 – \_\_\_\_\_ students @ \$10 – \_\_\_\_\_  
 No, I cannot attend, but enclosed is my donation to support your work \$ \_\_\_\_\_

**(Please make check payable to Rutgers, The State University of New Jersey)**

Name(s) \_\_\_\_\_  
 \_\_\_\_\_  
 Company/School/Group \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone \_\_\_\_\_ E-Mail \_\_\_\_\_



UPCOMING EVENTS (cont.)



4-H RABBIT ACADEMY

DECEMBER 14, 2007

6:30-8:30PM

AT THE 4-H OFFICE

COME LEARN MORE ABOUT OUR FURRY FRIENDS...

GUEST LECTURERS WILL INCLUDE JUDGES & LOCAL BREEDERS

OPEN TO GRADES 4-13

- ? HEALTH ISSUES
? GENETICS
? RABBIT SHOWMANSHIP
? RABBIT BOWL
? TAKE A RABBIT PEDICURE BREAK

COST \$5 PER PERSON

REGISTRATION DEADLINE NO LATER THAN DECEMBER 5, 2007

PRESENTED BY THE MONMOUTH COUNTY SMALL ANIMAL COMMITTEE, TEEN 4-H MEMBERS AND 4-H STAFF



Name \_\_\_\_\_ Club(s)\_\_\_\_\_

Grade \_\_\_\_\_ Phone #\_\_\_\_\_

Email\_\_\_\_\_

Checks made out to Monmouth County 4-H Club
Return Registration Form and \$5.00 Check no later than December 5, 2007 to:
4-H Office
4000 Kozloski Road
PO Box 5033
Freehold, New Jersey 07728-5033
Attention: Kelly-Rabbit Academy



# UPCOMING EVENTS (cont.)

## 2008 TEEN WINTER CAMP



**Where:** L.G. Cook 4-H Camp, Stokes State Forest  
**Who:** 4-H Teens, grades 8<sup>th</sup> to 1<sup>st</sup> year in college  
 We will be attending with Sussex, Essex, Union & Hunterdon Counties.  
**When:** February 8-10, 2008

**Cost:** 1 Youth = \$50.00, 2 Youth = \$90.00, Adults = \$45.00  
 (Cost includes camp fee, meals, activities and insurance.) **Transportation is NOT included.**

Join the fun-filled weekend. Make new friends and spend time with old ones. Hike or cross country ski in the scenic wilderness of New Jersey. Skate, sled and toboggan if weather permits. Indoor recreation includes crafts, baking and games. Enjoy a warm fire, good food and fellowship.

**SPACE IS LIMITED SO DON'T DELAY!**

Send registration form and check made payable to Monmouth County 4-H Teen Council attention Virginia, RCE 4-H Office, 4000 Kozloski Road, P.O. Box 5033, Freehold, NJ 07728 by December 19, 2007.

### 4-H Teen Winter Camp



February 8-10, 2008

Name \_\_\_\_\_

Grade \_\_\_\_\_ Club \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

A confirmation letter with more details will be sent once I receive your registration.

# UPCOMING EVENTS (cont.)



## All 4-H Prep Members are invited **January 19<sup>th</sup> on** **An Out of This World *ASTRO ADVENTURE***

- ?? We will blast off at **10AM** in the 4-H Office, 4000 Kozloski Rd., Freehold
- ?? It will take us to the moon, the planets as well as the stars.
- ?? Re-entry will be at **1:30PM**.
- ?? All 4-H Prep Members and their Prep age (Gr. 1-3) friends are welcome.
- ?? Adults are welcome and encouraged to participate in the program as either volunteers or space travelers.
- ?? Space travel fee is \$10.00 per child. \$25.00 for families with 3 or more children and \$5.00 per adult. Volunteers travel free.
- ?? If interested please contact Kelly Valenti at 732-431-7265 or Diane Gregorio at 732-974-7004.

### ASTRO ADVENTURE REGISTRATION FORM

FAMILY NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

EMAIL: \_\_\_\_\_

CHILD'S NAME & GRADE: \_\_\_\_\_

CHILD'S NAME & GRADE: \_\_\_\_\_

CHILD'S NAME & GRADE: \_\_\_\_\_

CHILD'S NAME & GRADE: \_\_\_\_\_

ADULT VOLUNTEERS: \_\_\_\_\_

TOTAL AMOUNT ENCLOSED: \$ \_\_\_\_\_

MAIL TO: RCE of MONMOUTH COUNTY 4-H OFFICE  
 4000 Kozloski Road  
 PO Box 5033  
 Freehold, NJ 07728-5033  
 Attn: Kelly-Prep Rally



## UPCOMING EVENTS (cont.)



### SPACE CREW VOLUNTEERS NEEDED

This year we are offering a prep program called: An Out of This World Astro Adventure. On January 19<sup>th</sup> youth in grades 1<sup>st</sup> through 3<sup>rd</sup> will become astronauts for the day as they take a trip into space-- and we need some space crew volunteers. Please read the different areas and let me know how you would be able to help out.

#### Galaxy Tour Guides

These volunteers will help our youth to travel from one space destination to another. The tour guide will stay at the destination and assist the presenter if necessary. Need a minimum of 3 volunteers. Volunteers needed from 10:00am until 2:00pm

#### Gravity Assistant

These volunteers will work with one of the presenters to help keep everything grounded during the presentation. The assistant will work directly with one of the presenters. Need a minimum of 3 volunteers. Volunteers needed from 10:00am until 2:00pm

#### Milky Way Maintenance Crew

These volunteers will work on cleaning up our space at the end of the day. Volunteers needed from 1:30pm until 2:30pm.

#### Space Shutterbugs

These volunteers will document the events of the day by being photographers and writing up an article for the yearbook/newsletter. Volunteers needed from 10:00am until 2:00pm

#### Space Station Servers

These volunteers will be working in the kitchen to feed our hungry astronauts. The volunteers will need to help prep the meal and assist our astronauts as they eat in space. Need a minimum of 2 volunteers. Volunteers are needed from 11:00am until 1:00pm.

#### NASA Officials

These volunteers will present a lesson (which, is already put together and all the materials are available). You will teach the same session three times. These volunteers are needed to arrive at 9:30am and will finish their mission at 1:30pm. We are in need of three volunteers.

#### Constellation Crew

These volunteers are needed for an activity that is done right before lift off. These volunteers will assist our astronauts in making constellation cookies. These volunteers will also bake the cookies after our astronauts have left for their mission. These volunteers are needed from 9:30am until 11:30 am.

#### Martians

These volunteers will wander about our universe and assist wherever help is needed. You can assist any time between 9:00am and 3:00pm. Need a minimum of 2 volunteers.

If anyone is able to serve on the prep committee your help would be greatly appreciated. We would like to offer more programs for our youth in grades 1<sup>st</sup> through 3<sup>rd</sup>. If you are interested please contact Kelly at [dumas@aesop.rutgers.edu](mailto:dumas@aesop.rutgers.edu) or 732-431-7265.

**UPCOMING EVENTS (cont.)**



**RUTGERS**  
New Jersey Agricultural  
Experiment Station



3<sup>rd</sup> Annual  
New Jersey 4-H  
**Goat Extravaganza**

“Where the Fun is Learning and the Learning is Fun!”

**SAVE THE DATE!**

**Saturday, January 5, 2008**

In case of postponement due to inclement weather: Saturday, January 12.

**RCE of Hunterdon County (Flemington, NJ)**

**More Info and Entry Forms Coming in November**

**Goat Extravaganza will include:**

Goat Poster Contest (3 youth per mixed-county team)

Goat Skill-a-Thon (individual entry; 8 stations)  
**TWO SETS OF STATIONS; FOUR-SIX ALL NEW STATIONS!!!!**

Goat Art Contest (goat-themed drawing, painting,  
sculptures, photography)

Goat Jeopardy Contest

Ice Cream Social w/ Prizes

**CONTINUED in 2008!** Workshop for Parents / Leaders



Cooperating Agencies: Rutgers, The State University of New Jersey, U.S. Department of Agriculture, and County Boards of Chosen Freeholders. Rutgers Cooperative Extension, a unit of the Rutgers New Jersey Agricultural Experiment Station, is an equal opportunity program provider and employer.

**UPCOMING EVENTS (cont.)**



**SAVE THE DATE**

**APRIL 5, 2008**

**Monmouth County Small Animal Show**

\* \* \* \* \*

**UPCOMING SHOWS AROUND THE STATE:**

**February 16, 2008 Somerset County**  
**February 23, 2008 Gloucester County**  
 (Call the 4-H office if you need a flier)

**PAWS FOR A CAUSE DOG CLUB  
 DISTRIBUTE PET OXYGEN  
 MASKS  
 NOVEMBER 18th,  
 SUNDAY 3-5 pm**

On November 18th, Sunday, from 3-5pm, Paws For A Cause members will distribute pet oxygen masks to county emergency services personnel. The program, open to 4-H'ers, will be held at the Agriculture Building.

**4-H'ERS INVITED TO INTERVIEW  
 SENIOR CITIZENS FOR  
 LIFE STORY DRAMA PROJECT**

Calling all youth grades 4th—12th! Come enjoy meeting senior citizens at Frances Asbury Manor in Ocean Grove. We will be interviewing the residents to obtain their life stories and acting them out together. These sessions will spark your imagination and give you the opportunity to get to know senior citizens who have a wealth of life experience. If you would like to participate in this program, contact Ellen at (732)431-7266 or by email at: williams@rcrc.rutgers.edu.



As their club community service project, club members fundraised to purchase oxygen masks to provide aid to pets in fires and other disasters. At the November 18th ceremony, 4-H'ers will distribute these oxygen masks directly to the emergency services departments throughout the county.

If you wish to attend this program, RSVP to Rita at (732)431-7263 or rsilvest@co.monmouth.nj.us.

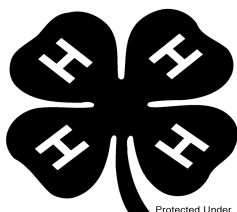
**THE FOUNDATION FOR THE  
 PRESERVATION OF HONEY BEES,  
 INC.  
 2008 4-H ESSAY CONTEST  
 ANNOUNCEMENT**

Cash Prizes to 3 Top Winners. For the 2008 essay contest, the essay topic is:

**“The Results of Honey Bee Pollination  
 in My Community”**

Contest is open to active 4-H Club members only. Essay will be judged on (a) scope of research—40%; (b) accuracy—30%; (c)creativity—10%; (d) conciseness—10%; and (e) logical development of the topic—10%. The State deadline will be February 1, 2008.

Anyone that is interested should contact the 4-H office for contest announcement and rules.





## 4-H CAMP NEWS



### N.J. STATE 4-H CAMP

It's not too early to make plans for next summer, it will be here before we are ready for it. The N.J. 4-H camp in Stokes State Forrest has its schedule and pricing out for 2008. Visit their web site to see more at [www.nj4hcamp.rutgers.edu](http://www.nj4hcamp.rutgers.edu). Camp weeks will begin on the 7th of July and run through the week of August 11th. If you sign up before February 1st you get a discount, as well as a discount for being in 4-H. If you bring a friend you can get an additional discount. So gather up some friends to attend this fantastic sleep away camp and enhance your 4-H experience.

Monmouth County 4-H is proud to announce that during the 2007 camping season we had an Honor Camper from our county. Tommy Schreiber, president of the Nature's Navigators, attended 4-H Camp for the first time this year and came home with one of the four highest honors awarded to the campers each session. His name will be added to a plaque at the camp for all to see. Ask any of the youth from Monmouth County who attended camp and they will tell you tales of good fun, interesting activities, new friendships, a great environment and much more.

### **L.G. Cook 4-H Camp Ambassador Training**

**Who better to spread the word about camp than you, our current campers? On Saturday, December 15th, 2007 camp will be sponsoring an ambassador training at the Somerset County 4-H building.**


**By attending this training (open to current campers that have attended a session at least one summer out of the last two) you will become skilled in recruiting new campers and eligible for some terrific camp prizes (based upon the number of new campers you help sign up) including the chance to earn a free week of camp.**

**For registration and more information please visit our website at:  
[Www.nj4hcamp.rutgers.edu](http://Www.nj4hcamp.rutgers.edu)**

**Saturday December 15th, 2007 10:00am-4:00pm  
Lunch will be provided.**

# 4-H CALENDAR OF EVENTS

## November 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
					National Round Up 11/2—11/4	
4 National Round Up	5 Youth Horse Council 6:30 pm/ Horse Leaders Mtg 7:30pm	6 Election Day County Office Closed	7	8	9	10 4-H Intergenerational Drama Workshop 1:30-2:30pm Ocean Grove
11	12	13 Veterans Day County Office Closed	14 Small Animal Advisory Mtg 7:00 pm	15	16	17
18 Paws 4 A Cause Ceremony 3:00-5:00pm	19	20 Board of Ag Mtg. 7:00pm	21 Teen Council Mtg 7:30 pm	22 Thanksgiving Day 	23	24
					National 4-H Congress 11/23 to 11/27	
25	26	27	28	29	30	
National 4-H Congress 11/23 to 11/27/07						

## December 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Annual Alumni Get together
2	3	4 Youth Horse Council 6:30pm/ Leaders Mtg 7:30	5	6 Livestock Advisory Mtg.	7	8
9	10	11 Equine Science Center update 6:00-9:00pm	12	13	14 Rabbit Academy 6:30-8:30pm	15 Camp Ambassador Training 10:00-4:00
16	17	18 Board of Ag Mtg 7:00pm	19	20	21	22
23	24	25 Christmas Day Observed County Office Closed	26	27	28	29
30	31					



Cooperative Extension of Monmouth County  
4000 Kozloski Road, PO Box 5033, Freehold NJ 07728

NONPROFIT ORGANIZATION

U.S. POSTAGE

PAID

FREEHOLD, NJ

PERMIT NO. 166