



Counseling Services of Monmouth County

Hours

Monday, Wednesday, Thursday
9am – 8pm

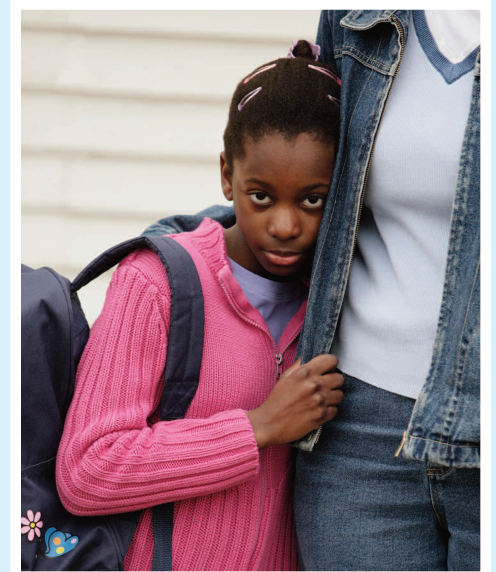
Tuesday, Friday
9am – 5pm

145 Maple Avenue, Red Bank, NJ
(732) 747-9660

For more information or questions
about our services, please contact Jane
Meyer, Program Director, at
jmeyer@cctrenton.org or
732-747-9660.



COUNSELING SERVICES OF MONMOUTH COUNTY



Counseling for children and
adolescents (ages 5-17) and their
parents/guardians

145 Maple Avenue, Red Bank, NJ
(732) 747-9660

ABOUT US

- All counselors are Master's level clinicians; we work in collaboration with Monmouth University Counseling Psychology program.
- Experienced provider serving Monmouth County since 1965.
- Convenient location, accessible by bus/train.
- We are a COA accredited agency.
- Catholic Charities serves people of all faiths.
- Program is part of a four-county network of specialized counseling services provided by Catholic Charities, Trenton, a faith-inspired social services agency incorporated in 1913.
- We are a non-profit recognized by the Chronicle of Philanthropy as one of the most fiscally efficient in the country, using less than 10 percent of our revenue for administrative costs.
- Catholic Charities' mission is to alleviate human suffering through service, advocacy, and community building. We meet the mission through a wide variety of services that include behavioral healthcare, domestic violence prevention and treatment, help with basic needs, housing assistance, job training and supported employment, and addiction treatment.



OVERVIEW OF SERVICES

- Psychological counseling for children and adolescents (ages 5-17) and their parents/guardians (Medicaid eligible only at this time).
- Psychiatric evaluations
- Medication monitoring
- Individual, family and group counseling

WHAT THE COMMUNITY IS SAYING...

"Catholic Charities continues to provide the Keansburg Public Schools' School-Based Health and Social Service Program with diversified programming and clinical supportive services that optimally meet the early intervention and treatment needs of our district students. Their readiness to collaborate with our district allows us to fill therapeutic gaps."

**Therese T. Hendrickson, Supervisor
School-Based Health & Social Service Program
Keansburg Public Schools**

"Our experience at Catholic Charities has been wonderful. My granddaughter's therapist has done a fantastic job helping her verbalize and use art medium to express her feelings. I would recommend the program to other families."

Anonymous grandparent\guardian

"I came to Catholic Charities for my daughter who was out of control and needed help. Her therapist has been a great help. She has also seen the psychiatrist and I am hopeful that the more she comes the better she will get. My daughter and I enjoy coming here and we are learning things and turning around for the good".

Crystal N., parent

"Catholic Charities has been a compassionate partner in the lives of countless people in Monmouth County. It has been a pleasure to work with them."

**Joanne Jodry, Professor
Graduate Department of Psychological Counseling
Monmouth University**

To make an appointment, call the Access Center at **1-800-360-7711**